

Childhood Memories

1. Home & Family

- Describe the childhood home – how big was it
- Did you have extended family living with you
- What jobs did elder members have
- What roles in the home did everyone have
- Who cared for elders within the family if unwell
- Would you have pets or other animals
- How would you keep in contact with family far away, phone, letters and how often

3. Food & Drink

- What was a typical breakfast, lunch and dinner
- Favourite/Traditional/Popular dishes
- Parties – what would be made to eat and who would make this
- Favourite drinks weekdays, weekends
- Who was the main cook of the family
- Did you grow any foods at home

2. Describe a typical day

- Time you got up
- Breakfast time, on your own, with family, what did you have
- What time did School start
- How did you get there and back – did you go with anyone
- Did you have a school uniform
- What were the lessons like
- What did you have at lunchtimes
- What time did you finish
- Recreation time during school, what games did you play
- What did you do when you got home
- Did you have much homework
- What time did elders arrive home from work
- Who helped prepare meals
- What time would they be
- Who would be at evening meals
- What would you typically do in the evenings
- What times was bedtime

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4. Entertainment

- What events would you celebrate
- What would a typical party be like
- What would you do at the weekend for fun
- Public Music events – did you ever attend any
- Were there any carnivals or fairs you went to
- What music is listened to most
- What TV programmes were the most popular
- What games would you play

5. Spiritual & Religion

- Did/Do you regularly go to Church
- What were/are the services like
- How much does religion feature in your everyday lives

6. Other

- Favourite flowers
- Home remedies for when unwell
- Any thing else you can think of :)