

Reminiscence Dice

1. School Days

- How did you travel to School?
- What was your favourite class and why?
- What games did you play at break times?

2. Work Life

- Where did you work?
- What was your boss like?
- What was the best thing about your job?

3. Hobbies & Interests

- What did/do you like to do in your spare time?
- Do you play any sports?
- Can you play a musical instrument or sing? If so can you show us

4. Family

- Do you have any brothers and sisters, if so how many?
- Where did you meet your husband/wife/partner?
- What area did your parents come from?

5. Favourite Things

- What has always been your most favourite food and why?
- Who is your favourite singer?, can you sing one of their songs?
- What is your most favourite memory of a time in your life?

6. Food

- What foods do you really not like and why?
- What food smell, takes you right back to a place and time in your life?
- What is your signature dish (most people have one, even if it is boiling an egg)